CW Baseball/Softball Spring Training Academy 2021



FIVE SUNDAYS OF BASEBALL AND SOFTBALL INSTRUCTION TO PREPARE PLAYERS FOR THE UPCOMING SEASON

The CW Baseball and Softball Association is offering a Spring Training Academy for serious players in grades 3 through 8. Instruction will be provided by high school varsity coaches and summer baseball and softball youth coaches.

All participants, coaches and spectators will be required to wear masks. This includes before, during and after training sessions.

Who: Baseball and softball players currently in grades 3rd through 8th.

Where: High School and Middle School gyms at Chetek Weyerhaeuser High School

When: March 21st, March 28th, April 11th, April 18th, April 25th

Times:

Softball players – Noon to 1:30 PM Baseball Grades 3-5 – 1:45 to 2:45 PM Baseball Grades 6-8 – 3:00 to 4:45 PM

- Each session is capped at 30 athletes in order to keep coach to athlete ratios low to allow for individual instruction.
- Athletes will be exposed to three fundamental stations each session: hitting, throwing, and catching and fielding. Drills will be taught sequentially and will be the same drills used at the varsity levels.
- Athletes should bring glove, bat, clothing and footwear adequate for gym time or outside time if weather cooperates.
- If you have questions, please email: <u>cwyouthbaseball@gmail.com</u> or call 715.575.1313

Sponsored by:



Cost is \$60 for 5 Sundays of instruction and Spring Training Academy shirt. Registrations can be done online at: <u>www.leaguelineup.com/chetek</u> <u>bulldogs</u>

Registration deadline March 19, 2021

Special Baseball Guest Coaches for the March 21st Session:

Coaches from Triple Threat Baseball Academy will be working with our players in grades 6-8 at the March 21st session.



